



November 2017

St. Bernard-Elmwood Place 9th - 12th Grade Lunch Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|--|---|
| | | 1 Salisbury Steak w/WG Rolls Spicy Chicken Patty w/WG Bun Hot Vegetable: Mashed Potatoes and Gravy | 2 Marzetti WG Breadstick **Pork Rib Patty/WG Bun WG Big Daddy's Pizza Hot Vegetable: Cauliflower | 3 Chicken Strips w/WG Rolls Fish/WG Bun WG Chicken Egg Rolls Hot Vegetable: Garlic Broccoli |
| 6 Chicken Fajita Meat/Cheese WG Soft Shell/Brown Rice Cheeseburger/WG Bun Hot Vegetable: Refried Beans | 7 WG Cheese Breadsticks w/Marinara Sauce Buffalo Chicken Stuffer Turkey Hot Dog/WG Bun Hot Vegetable: Mixed Vegetables | 8 WG Grilled Cheese Spicy Chicken Patty w/WG Bun Hot Vegetable: Tomato Soup Cauliflower | 9 WG Mini Corndogs **Pork Rib Patty/WG Bun WG Big Daddy's Pizza Hot Vegetable: Seasoned Mashed Potatoes | 10 Veterans Day Holiday No School |
| 13 Cheese Coney/WG Bun Chicken Patty/WG Bun Hot Vegetable: Deli Roasters | 14 Orange Chicken w/Fried Rice Turkey Hot Dog/WG Bun WG French Bread Pizza Hot Vegetable: Northwest Mixed Vegetable | 15 Cheeseburger/WG Bun Spicy Chicken Patty/WG Bun Hot Vegetable: **Pinto Beans Steamed Corn | 16 Spaghetti/Meatsauce w/WG Breadstick **Pork Rib Patty/WG Bun WG Big Daddy's Pizza Hot Vegetable: Green Beans | 17 WG Soft Shell Taco Meat/Cheese/Brown Rice Fish/WG Bun WG Chicken Egg Rolls Hot Vegetable: Garlic Broccoli |
| 20 **BBQ Pork/WG Bun Cheeseburger/WG Bun Cole Slaw Hot Vegetable: Baked Beans | 21 WG French Toast w/ **Sausage Patty Turkey Hot Dog/WG Bun WG French Bread Pizza Hot Vegetable: Steamed Carrots | 22 No School | 23 Thanksgiving Day No School | 24 No School |
| 27 Cheeseburger/WG Bun Chicken Patty/WG Bun Hot Vegetable: Green Beans Curley Fries | 28 Three Way Chili/Cheese WG Spaghetti/WG Crackers Turkey Hot Dog/WG Bun Hot Vegetable: Cauliflower | 29 WG Mini Corndogs Spicy Chicken Patty/WG Bun Chocolate Pudding Hot Vegetable: Baked Beans | 30 Walking Taco WG Chips/Meat/Cheese **Pork Rib Patty/WG Bun WG Big Daddy's Pizza Hot Vegetable: Corn | |

NOTE

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| Lunch | \$2.70 |
| Reduced Price | .40¢ |
| Extra Milk | .45¢ |

Assorted fruits, juices, cold and hot vegetables and low fat milk are available daily with lunch

Daily Entrees:

Deli Turkey Sandwich (WG)
Cheese Sandwich (WG)
PB&J Sandwiches (WG)

****Pepperoni** or Cheese Pizza (WG)
Chef Salad//Rolls (WG)

Type A Lunch must choose at least 3 of 5 components (one of which has to be a fruit or vegetable):
Entree', Bread/ Grain, Fruit, Vegetable, Variety of Milk

SAVE TIME IN THE MORNING
Deposit money in your debit account for breakfast and lunch

WG = Whole Grain
***Denotes Pork Product**

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY OF FOOD ITEMS

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.