



May 2017

St. Bernard & Elmwood Elementary K-6 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1 Hamburger/WG Bun Sweet Potato Fries Green Beans Sliced Pickles Diced Pears Low Fat Milk	2 Cheese Round Pizza Tossed Salad with FF Ranch Dressing Mixed Vegetables Pineapple Tidbits Low Fat Milk	3 Mini Corndogs Baked Beans Celery Sticks Chocolate Pudding Mandarin Oranges Low Fat Milk	4 Walking Taco WG Chips/Meat/Cheese Steamed Carrots Steamed Corn Diced Peaches Low Fat Milk	5 Popcorn Chicken WG Roll Garlic Broccoli Carroteens/Dip Apple Slices Juice Box Low Fat Milk
8 Turkey/Cheese Deli Sub WG Bun Baked Beans Shredded Lettuce Diced Pears Low Fat Milk	9 French Bread Pizza Green Beans Steamed Corn Pineapple Tidbits Low Fat Milk	10 Salisbury Steak WG Roll Mashed Potato/Gravy Steamed Carrots Mandarin Oranges Low Fat Milk	11 Marzetti WG Breadstick Tossed Salad with FF Ranch Dressing Cherry Tomatoes Diced Peaches Low Fat Milk	12 Chicken Strips WG Roll WG Goldfish Crackers Garlic Broccoli Cauliflower Orange Smiles Low Fat Milk
15 Chicken Fajitas WG Soft Shell/Meat/Cheese Refried Beans Peas Diced Pears Low Fat Milk	16 Gilardi Breadstick with Marinara Sauce Tossed Salad with FF Ranch Dressing Mixed Vegetables Pineapple Tidbits Low Fat Milk	17 WG Grilled Cheese Carrots Celery Sticks Mandarin Oranges Low Fat Milk	18 Mini Corndogs Seasoned Mashed Potatoes Spinach Sidekick Low Fat Milk	19 Chicken Nuggets WG Roll Garlic Broccoli Carrot Sticks/Dip Applesauce Low Fat Milk
22 Hamburger/WG Bun Deli Roaster Potatoes Mixed Vegetables Diced Pears Low Fat Milk	23 Cheese Pizza Steamed Carrots Green Beans Pineapple Tidbits Low Fat Milk	24 Beef & Bean Burrito **Pinto Beans Steamed Corn Mandarin Oranges Low Fat Milk	25 Chicken Strips WG Roll Garlic Broccoli Steamed Carrots Diced Peaches Low Fat Milk	26 Teacher Inservice No Students Summer Break Begins!!

NOTE

Lunch \$2.45
Reduced Price .40¢
Extra Milk .45¢

Assorted low fat milk available daily with lunch

Type A Lunch must choose at least 3 of 5 components (one of which has to be a fruit or vegetable): Entree', Bread/Grain, Fruit, Vegetable, Variety of Milk

SAVE TIME IN THE MORNING
Deposit money in your child's account for breakfast and lunch

Monday - WG PB&J Uncrustable/
Goldfish Graham
Tuesday - Turkey Hot Dog on WG Bun
Wednesday - Chicken Pattie on WG Bun
Thursday - *Pork BBQ Rib Pattie on WG Bun
Friday - Chef Salad w/WG Roll

WG = Whole Grain
****Denotes Pork Product**

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY OF FOOD ITEMS

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.