



# May 2017

## St. Bernard & Elmwood Elementary K-6 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> Nutrigrain Bar Variety Cereal Applesauce Cup Orange Juice Low Fat Milk	<b>2</b> Crumb Cake Peach Cup Orange Juice Low Fat Milk	<b>3</b> Poptart Honey Graham Fruit Cup Orange Juice Low Fat Milk	<b>4</b> Variety Cereal Toast Pearsauce Cup Orange Juice Low Fat Milk	<b>5</b> Muffin Yogurt Raisins Orange Juice Low Fat Milk
<b>8</b> Nutrigrain Bar Variety Cereal Applesauce Cup Orange Juice Low Fat Milk	<b>9</b> Crumb Cake Peach Cup Orange Juice Low Fat Milk	<b>10</b> Poptart Honey Graham Fruit Cup Orange Juice Low Fat Milk	<b>11</b> Variety Cereal Toast Pearsauce Cup Orange Juice Low Fat Milk	<b>12</b> Bagel with Strawberry Cream Cheese Raisins Orange Juice Low Fat Milk
<b>15</b> Nutrigrain Bar Variety Cereal Applesauce Cup Orange Juice Low Fat Milk	<b>16</b> Crumb Cake Peach Cup Orange Juice Low Fat Milk	<b>17</b> Poptart Honey Graham Fruit Cup Orange Juice Low Fat Milk	<b>18</b> Variety Cereal Toast Pearsauce Cup Orange Juice Low Fat Milk	<b>19</b> Muffin Yogurt Raisins Orange Juice Low Fat Milk
<b>22</b> Nutrigrain Bar Variety Cereal Applesauce Cup Orange Juice Low Fat Milk	<b>23</b> Crumb Cake Peach Cup Orange Juice Low Fat Milk	<b>24</b> Poptart Honey Graham Fruit Cup Orange Juice Low Fat Milk	<b>25</b> Variety Cereal Muffin Pearsauce Cup Orange Juice Low Fat Milk	<b>26</b> <b>Teacher Inservice</b> <b>No Students</b>  <b>Summer Break</b> <b>Begins!</b>

### NEWS

Breakfast	\$1.20
Reduced Price	.30¢
Extra Milk	.45¢

Assorted low fat milk available daily with breakfast

Students must take at least 3 of the items offered. (1 must be a juice and/or fruit) with 2 grains or grain and meat/meat alternate and milk

### SAVE TIME IN THE MORNING

Deposit money in your child's daily account for breakfast and lunch

### **Second Choice**

Crunchmania Graham Snacks  
 Fruit and Orange Juice  
 Low Fat Milk

All Grains are Whole Grain  
 \*\*Denotes Pork

\*\*MENU SUBJECT TO CHANGE DUE TO AVAILABILITY OF FOOD ITEMS\*\*

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