



January 2018

St. Bernard & Elmwood Elementary K-6 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1 New Years Day No School	2 No School	3 **Pepperoni Pizza Green Beans Mixed Vegetables Pineapple Tidbits Vanilla Pudding Low Fat Milk	4 Chicken Alfredo WG Breadstick Romaine Salad with FF Ranch Dressing Carrot Sticks Banana Low Fat Milk	5 Chicken Nuggets WG Roll Steamed Corn Brussel Sprouts Applesauce Low Fat Milk
8 Hamburger/WG Bun Sweet Potato Fries Sliced Pickles Steamed Corn Diced Pears Low Fat Milk	9 Cheese Round Pizza Green Beans Mixed Vegetables Pineapple Tidbits Low Fat Milk	10 Mini Corndogs Baked Beans Celery Sticks Chocolate Pudding Mandarin Oranges Low Fat Milk	11 Walking Taco WG Chips/Meat/Cheese Tossed Salad with FF Ranch Dressing Steamed Carrots Diced Peaches Low Fat Milk	12 Popcorn Chicken WG Roll Garlic Broccoli Carroteens/Dip Apple Slices Juice Box Low Fat Milk
15 Martin Luther King Day No School	16 Garlic Cheese Flatbread w/Marinara Sauce **Pinto Beans Steamed Corn Pineapple Tidbits Low Fat Milk	17 Salisbury Steak WG Roll Mashed Potato/Gravy Steamed Carrots Mandarin Oranges Low Fat Milk	18 Marzetti WG Breadstick Tossed Salad with FF Ranch Dressing Cherry Tomatoes Diced Peaches Low Fat Milk	19 Chicken Strips WG Roll WG Goldfish Crackers Garlic Broccoli Cauliflower Orange Smiles Low Fat Milk
22 Chicken Fajitas WG Soft Shell/Meat/Cheese Refried Beans Peas Diced Pears Low Fat Milk	23 Gilardi Breadsticks w/Marinara Sauce Green Beans Mixed Vegetables Pineapple Tidbits Low Fat Milk	24 WG Grilled Cheese Steamed Carrots Celery Sticks Mandarin Oranges Low Fat Milk	25 Mini Corndogs Seasoned Mashed Potatoes Spinach Sidekick Low Fat Milk	26 Chicken Nuggets WG Roll Garlic Broccoli Carrot Sticks/Dip Applesauce Low Fat Milk
29 Cheese Coney on WG Bun Baked Tater Tots Mixed Vegetables Diced Pears Low Fat Milk	30 Cheese Pizza Steamed Carrots Green Beans Pineapple Tidbits Low Fat Milk	31 Hamburger/WG Bun Sliced Pickles **Pinto Beans Steamed Corn Mandarin Oranges Low Fat Milk		

WELCOME BACK!

Lunch \$2.45
 Reduced Price .40¢
 Extra Milk .45¢
 Assorted low fat milk available
 daily with lunch

Type A Lunch must choose **at least**
 3 of 5 options (one of which has to
 be a fruit or vegetable): Entree',
 Bread/Grain, Fruit, Vegetable,
 Variety of Milk

SAVE TIME IN THE MORNING

Deposit money in your child's
 account for
 breakfast and lunch

Monday - WG PB&J Uncrustable/
 Goldfish Graham
 Tuesday - Turkey Hot Dog on WG Bun
 Wednesday - Chicken Pattie on WG Bun
 Thursday - *Pork BBQ Rib Pattie on WG Bun
 Friday - Chef Salad w/WG Roll

WG = Whole Grain
 or
 Whole Grain Rich

****Denotes Pork Product**

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY OF FOOD ITEMS

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.