



# January 2018

## St. Bernard & Elmwood Elementary K-6 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1 <b>New Year's Day No School</b>	2 <b>No School</b>	3 Poptart Graham Crackers Fruit Cup Orange Juice Low Fat Milk	4 Variety Cereal Toast Fruit Cup Orange Juice Low Fat Milk	5 WG Bagel Cream Cheese Raisins Orange Juice Low Fat Milk
8 Nutrigrain Bar Variety Cereal Applesauce Cup Orange Juice Low Fat Milk	9 Crumb Cake Peach Cup Orange Juice Low Fat Milk	10 Poptart Graham Crackers Fruit Cup Orange Juice Low Fat Milk	11 Variety Cereal Toast Fruit Cup Orange Juice Low Fat Milk	12 Muffin Yogurt Raisins Orange Juice Low Fat Milk
15 <b>Martin Luther King Day No School</b>	16 Crumb Cake Peach Cup Orange Juice Low Fat Milk	17 Poptart Graham Crackers Fruit Cup Orange Juice Low Fat Milk	18 Variety Cereal Toast Fruit Cup Orange Juice Low Fat Milk	19 WG Bagel Cream Cheese Raisins Orange Juice Low Fat Milk
22 Nutrigrain Bar Variety Cereal Applesauce Cup Orange Juice Low Fat Milk	23 Crumb Cake Peach Cup Orange Juice Low Fat Milk	24 Poptart Graham Crackers Fruit Cup Orange Juice Low Fat Milk	25 Variety Cereal Toast Fruit Cup Orange Juice Low Fat Milk	26 Muffin Yogurt Raisins Orange Juice Low Fat Milk
29 Nutrigrain Bar Variety Cereal Applesauce Cup Orange Juice Low Fat Milk	30 Crumb Cake Peach Cup Orange Juice Low Fat Milk	31 Poptart Graham Crackers Fruit Cup Orange Juice Low Fat Milk		

### NEWS

Breakfast	\$1.20
Reduced Price	.30¢
Extra Milk	.45¢

Assorted low fat milk available daily with breakfast

Students must take at least 3 of the items offered. (1 must be a juice and/or fruit) with 2 grains or grain and meat/meat alternate and milk

### SAVE TIME IN THE MORNING

Deposit money in your child's daily account for breakfast and lunch

### **Second Choice**

Crunchmania Cinnamon Bun Snacks  
Fruit and Orange Juice  
Low Fat Milk

All Grains are Whole Grain  
or  
Whole Grain Rich

**\*\*Denotes Pork**

\*\*MENU SUBJECT TO CHANGE DUE TO AVAILABILITY OF FOOD ITEMS\*\*

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER