

# **St. Bernard-Elmwood Place Jr./Sr. High School**

## **2015-2016 BREAKFAST MENU**

Start your day off right with a healthy breakfast! Breakfast will be available at St. Bernard-Elmwood Place High School each day at 7:30 a.m. The cost for breakfast is \$1.20. Reduced breakfast is 30¢ and if you receive free meals benefits, breakfast is also free. Pay cash daily or use any money you have on your student meal account. We do not allow charging at the high school.

Our breakfast at the high school varies each day. Any breakfast must consist of **at least** 3 of the 4 following: 1 fruit **and/or** juice, 2 servings of bread/grain items **or** 1 serving of bread/grain and 1 serving of meat/meat alternate item and milk. Below is the breakfast menu it will not be sent home each month, so please keep this for future reference.

**MONDAY** – Mini Cinnis

**TUESDAY** – Breakfast Pizza

**WEDNESDAY** – (2) Waffles

**THURSDAY** – Bagel & Cream Cheese

**FRIDAY** – Muffins & Graham Crackers

### **OFFERED DAILY:**

**Whole Grain Pop Tart/Graham Cracker-- Fudge or Brown Sugar**

**Variety of Whole Grain Cereal with Toast**

**Yogurt and Giant Goldfish Grahams**

**Cinnamon Crisp & Graham Cracker or Cereal**

**served each day.**

We carry a variety of low fat milk, juices and fruits each day. We also carry ala carte items to purchase.

*“Menu Subject to Change Due to Availability of Food Items”*

***This institution is an equal opportunity provider.***