



February 2018

St. Bernard & Elmwood Elementary K-6 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Spaghetti/Meatsauce WG Breadstick Tossed Salad with FF Ranch Dressing Cherry Tomatoes Diced Peaches Low Fat Milk	2 Chicken Giggles WG Roll Garlic Broccoli Smile Potatoes Apple Low Fat Milk
5 Sloppy Joe/WG Bun Baked Beans Cole Slaw Diced Pears Low Fat Milk	6 French Toast with Syrup Cup **Sausage Patty** Tater Tots Steamed Carrots Orange Juice Low Fat Milk	7 **Pepperoni Pizza** Green Beans Mixed Vegetables Pineapple Tidbits Vanilla Pudding Low Fat Milk	8 Chicken Alfredo WG Breadstick Romaine Salad with FF Ranch Dressing Carrot Sticks Banana Low Fat Milk	9 Chicken Nuggets WG Roll Steamed Corn Brussel Sprouts Applesauce Low Fat Milk
12 Hamburger/WG Bun Sweet Potato Fries Sliced Pickles Steamed Corn Diced Pears Low Fat Milk	13 Cheese Round Pizza Green Beans Mixed Vegetables Pineapple Tidbits Low Fat Milk	14 Mini Corndogs Baked Beans Celery Sticks Valentine Pretzel Mandarin Oranges Low Fat Milk	15 Walking Taco WG Chips/Meat/Cheese Tossed Salad with FF Ranch Dressing Steamed Carrots Diced Peaches Low Fat Milk	16 Teacher Inservice No Students
19 President's Day No School	20 Garlic Cheese Flatbread w/Marinara Sauce **Pinto Beans** Steamed Corn Pineapple Tidbits Low Fat Milk	21 Salisbury Steak WG Roll Mashed Potato/Gravy Steamed Carrots Mandarin Oranges Low Fat Milk	22 Marzetti WG Breadstick Tossed Salad with FF Ranch Dressing Cherry Tomatoes Diced Peaches Low Fat Milk	23 Chicken Strips WG Roll WG Goldfish Crackers Garlic Broccoli Cauliflower Orange Smiles Low Fat Milk
26 Chicken Fajitas WG Soft Shell/Meat/Cheese Refried Beans Peas Diced Pears Low Fat Milk	27 Gilardi Breadsticks w/Marinara Sauce Green Beans Mixed Vegetables Pineapple Tidbits Low Fat Milk	28 WG Grilled Cheese Steamed Carrots Celery Sticks Mandarin Oranges Low Fat Milk		

WELCOME BACK!

Lunch \$2.45
 Reduced Price .40¢
 Extra Milk .45¢
 Assorted low fat milk available
 daily with lunch

Type A Lunch must choose **at least**
 3 of 5 options (one of which has to
 be a fruit or vegetable): Entree',
 Bread/Grain, Fruit, Vegetable,
 Variety of Milk

SAVE TIME IN THE MORNING

Deposit money in your child's
 account for
 breakfast and lunch

Monday - WG PB&J Uncrustable/
 Goldfish Graham
 Tuesday - Turkey Hot Dog on WG Bun
 Wednesday - Chicken Pattie on WG Bun
 Thursday - *Pork BBQ Rib Pattie on WG Bun
 Friday - Chef Salad w/WG Roll

WG = Whole Grain
 or
 Whole Grain Rich

****Denotes Pork Product**

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY OF FOOD ITEMS

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.