



# December 2017

## St. Bernard & Elmwood Elementary K-6 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				<b>1</b> Popcorn Chicken WG Roll Garlic Broccoli Carroteens/Dip Apple Slices Juice Box Low Fat Milk
<b>4</b> Turkey/Cheese Deli Sub WG Bun Green Beans Shredded Lettuce Diced Pears Low Fat Milk	<b>5</b> Garlic Cheese Flatbread w/Marinara Sauce <b>**Pinto Beans</b> Steamed Corn Pineapple Tidbits Low Fat Milk	<b>6</b> Salisbury Steak WG Roll Mashed Potato/Gravy Steamed Carrots Mandarin Oranges Low Fat Milk	<b>7</b> Marzetti WG Breadstick Tossed Salad with FF Ranch Dressing Cherry Tomatoes Diced Peaches Low Fat Milk	<b>8</b> Chicken Strips WG Roll WG Goldfish Crackers Garlic Broccoli Cauliflower Orange Smiles Low Fat Milk
<b>11</b> Chicken Fajitas WG Soft Shell/Meat/Cheese Refried Beans Peas Diced Pears Low Fat Milk	<b>12</b> Gilardi Breadsticks w/Marinara Sauce Green Beans Mixed Vegetables Pineapple Tidbits Low Fat Milk	<b>13</b> WG Grilled Cheese Steamed Carrots Celery Sticks Mandarin Oranges Low Fat Milk	<b>14</b> Mini Corndogs Seasoned Mashed Potatoes Spinach Sidekick Low Fat Milk	<b>15</b> Chicken Nuggets WG Roll Garlic Broccoli Carrot Sticks/Dip Applesauce Low Fat Milk
<b>18</b> Cheese Coney on WG Bun Baked Tater Tots Mixed Vegetables Diced Pears Low Fat Milk	<b>19</b> Cheese Pizza Steamed Carrots Green Beans Pineapple Tidbits Low Fat Milk	<b>20</b> Hamburger/WG Bun Sliced Pickles <b>**Pinto Beans</b> Steamed Corn Mandarin Oranges Low Fat Milk	<b>21</b> <b>Inservice Day</b> <b>No Students</b>	<b>22</b> <b>Winter Break</b> <b>No School</b>
<b>25</b> Christmas Day No School	<b>26</b> No School	<b>27</b> No School	<b>28</b> No School	<b>29</b> No School

### WELCOME BACK!

Lunch \$2.45  
 Reduced Price .40¢  
 Extra Milk .45¢  
 Assorted low fat milk available  
 daily with lunch

Type A Lunch must choose **at least**  
 3 of 5 options (one of which has to  
 be a fruit or vegetable): Entree',  
 Bread/Grain, Fruit, Vegetable,  
 Variety of Milk

### SAVE TIME IN THE MORNING

Deposit money in your child's  
 account for  
 breakfast and lunch

Monday - WG PB&J Uncrustable/  
 Goldfish Graham  
 Tuesday - Turkey Hot Dog on WG Bun  
 Wednesday - Chicken Pattie on WG Bun  
 Thursday - \*Pork BBQ Rib Pattie on WG Bun  
 Friday - Chef Salad w/WG Roll

WG = Whole Grain  
 or

Whole Grain Rich  
**\*\*Denotes Pork Product**

*Have a Merry Christmas  
 and a safe Holiday Season*

*From the Cafeteria Staff*

\*\*MENU SUBJECT TO CHANGE DUE TO AVAILABILITY OF FOOD ITEMS\*\*

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.