



December 2017

St. Bernard-Elmwood Place 7th & 8th Grade Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Popcorn Chicken w/WG Roll Fish/WG Bun WG Chicken Egg Rolls Hot Vegetable: Garlic Broccoli
4 Bean Chili w/WG PB Sandwich WG Crackers Chicken Patty/WG Bun Hot Vegetable: Green Beans	5 Chicken Quesadilla Hamburger/WG Bun Turkey Hot Dog/ WG Bun Hot Vegetable: **Pinto Beans Steamed Corn	6 Salisbury Steak w/WG Roll Spicy Chicken Patty w/WG Bun Hot Vegetable: Mashed Potatoes and Gravy	7 Marzetti WG Breadstick **Pork Rib Patty /WG Bun WG Big Daddy's Pizza Hot Vegetable: Cauliflower	8 Chicken Strips w/WG Roll Fish/WG Bun WG Chicken Egg Rolls Hot Vegetable: Garlic Broccoli
11 Chicken Fajita WG Soft Shell/Meat/Cheese Hamburger/WG Bun Hot Vegetable: Refried Beans	12 WG Cheese Breadsticks w/Marinara Sauce Turkey Hot Dog/WG Bun Hot Vegetable: Mixed Vegetables	13 WG Grilled Cheese Spicy Chicken Patty w/WG Bun Hot Vegetable: Tomato Soup Cauliflower	14 WG Mini Corndogs **Pork Rib Patty /WG Bun WG Big Daddy's Pizza Hot Vegetable: Seasoned Mashed Potatoes	15 Chicken Buffalo Sticks WG Roll Fish/WG Bun Chicken Egg Rolls Hot Vegetable: Garlic Broccoli
18 Cheese Coney/WG Bun Chicken Patty/WG Bun Hot Vegetable: Deli Roasters	19 Orange Chicken w/Fried Rice Turkey Hot Dog/WG Bun WG Round Cheese Pizza Hot Vegetable: Northwest Mixed Vegetable	20 Hamburger/WG Bun Spicy Chicken Patty/WG Bun Hot Vegetable: **Pinto Beans Steamed Corn	21 Inservice Day No Students	22 Winter Break No School
25 Christmas Day No School	26 No School	27 No School	28 No School	29 No School

NOTE

Lunch	\$2.70
Reduced Price	.40¢
Extra Milk	.45¢

Assorted fruits, juices, cold and hot vegetables and low fat milk are available daily with lunch

Daily Entrees:

Deli Turkey Sandwich (WG)
Cheese Sandwich (WG)
PB&J Sandwiches (WG)

****Pepperoni** or Cheese Pizza (WG)
Chef Salad//Rolls (WG)

Type A Lunch must choose at least 3 of 5 components (one of which has to be a fruit or vegetable):
Entree', Bread/ Grain, Fruit, Vegetable, Variety of Milk

SAVE TIME IN THE MORNING
Deposit money in your debit account for breakfast and lunch

WG = Whole Grain
***Denotes Pork Product**

*Have a Merry Christmas
and a safe Holiday Season*

From the Cafeteria Staff

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY OF FOOD ITEMS

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.