



April 2018

St. Bernard & Elmwood Elementary K-6 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 No School	3 Garlic Cheese Flatbread w/Marinara Sauce **Pinto Beans Steamed Corn Pineapple Tidbits Low Fat Milk	4 Salisbury Steak WG Roll Mashed Potato/Gravy Steamed Carrots Mandarin Oranges Low Fat Milk	5 Marzetti WG Breadstick Tossed Salad with FF Ranch Dressing Cherry Tomatoes Diced Peaches Low Fat Milk	6 Chicken Strips WG Roll WG Goldfish Crackers Garlic Broccoli Cauliflower Orange Smiles Low Fat Milk
9 Chicken Fajitas WG Soft Shell/Meat/Cheese Refried Beans Peas Diced Pears Low Fat Milk	10 Gilardi Breadsticks w/Marinara Sauce Green Beans Mixed Vegetables Pineapple Tidbits Low Fat Milk	11 WG Grilled Cheese Steamed Carrots Celery Sticks Mandarin Oranges Low Fat Milk	12 Mini Corndogs Seasoned Mashed Potatoes Spinach Sidekick Low Fat Milk	13 Chicken Nuggets WG Roll Garlic Broccoli Carrot Sticks/Dip Applesauce Low Fat Milk
16 Cheese Coney on WG Bun Baked Deli Roasters Mixed Vegetables Diced Pears Low Fat Milk	17 Cheese Pizza Steamed Carrots Green Beans Pineapple Tidbits Low Fat Milk	18 Hamburger/WG Bun Sliced Pickles **Pinto Beans Steamed Corn Mandarin Oranges Low Fat Milk	19 Spaghetti/Meatsauce WG Breadstick Tossed Salad with FF Ranch Dressing Cherry Tomatoes Diced Peaches Low Fat Milk	20 Chicken Giggles WG Roll Garlic Broccoli Smile Potatoes Apple Low Fat Milk
23 Sloppy Joe/WG Bun Baked Beans Cole Slaw Diced Pears Low Fat Milk	24 French Toast with Syrup Cup **Sausage Patty Baked Deli Roasters Steamed Carrots Orange Juice Low Fat Milk	25 **Pepperoni Pizza Green Beans Mixed Vegetables Pineapple Tidbits Vanilla Pudding Low Fat Milk	26 Chicken Alfredo WG Breadstick Romaine Salad with FF Ranch Dressing Carrot Sticks Banana Low Fat Milk	27 Chicken Nuggets WG Roll Steamed Corn Brussel Sprouts Applesauce Low Fat Milk
30 Hamburger/WG Bun Sweet Potato Fries Sliced Pickles Green Beans Diced Pears Low Fat Milk				

WELCOME BACK!

Lunch \$2.45
 Reduced Price .40¢
 Extra Milk .45¢
 Assorted low fat milk available daily with lunch

Type A Lunch must choose **at least** 3 of 5 options (one of which has to be a fruit or vegetable): Entree', Bread/Grain, Fruit, Vegetable, Variety of Milk

SAVE TIME IN THE MORNING

Deposit money in your child's account for breakfast and lunch

Monday - WG PB&J Uncrustable/
Goldfish Graham
 Tuesday - Turkey Hot Dog on WG Bun
 Wednesday - Chicken Pattie on WG Bun
 Thursday - *Pork BBQ Rib Pattie on WG Bun
 Friday - Chef Salad w/WG Roll

WG = Whole Grain
 or
 Whole Grain Rich

****Denotes Pork Product**

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY OF FOOD ITEMS

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.